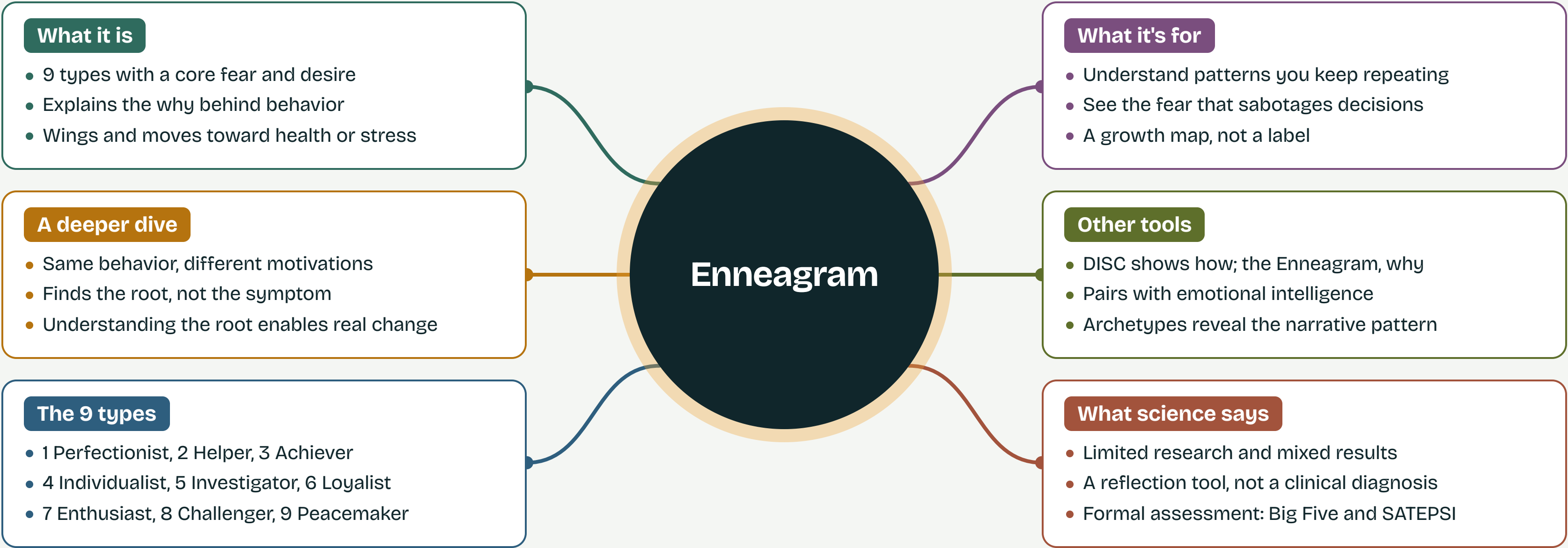




Enneagram: the 9 types and their motivations



Action plan

1

Take a structured Enneagram test

2

Reflect on which core fear and desire resonate

3

Notice how you react under stress

4

Combine the result with your DISC profile

5

Use your type as a starting point, not a label

Key takeaway

The Enneagram reveals the fear and desire behind what you do: use it to reflect, not to label.

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