Mind map

What is leadership? Definition, foundations and how to grow it

Leadership in three elements

- Influence: the leader changes what people think
- People: leadership only exists in relationship with...
- A common goal: influence points toward a result that makes...

Leading is not the same as managing

- In a classic Harvard Business Review article
- Organizations that are well managed but poorly led become...

Are leaders born or made?

- A meta-analysis published in 2002 in the Journal of Applied...
- In other words, some people start with an advantage

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Where a leader's influence comes from

- Position: the power that the role grants
- Competence: the respect that comes from knowing how to...
- Relationship: the trust built through listening
- Purpose: the ability to give meaning to the work

The levels of leadership

- Self-leadership
- Team leadership
- Organizational leadership

How to develop your leadership

- Ask for feedback often
- Take on responsibility before the title
- Know your style
- Find a mentor: someone who has already faced the...

Frequently asked questions

1. What is the definition of leadership?
2. What is the difference between a leader and a boss?
3. Can you be a leader without a management role?

Key takeaway

What leadership really is, the difference between leading and managing, where a leader's influence comes from and how to develop yours, based on research.

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