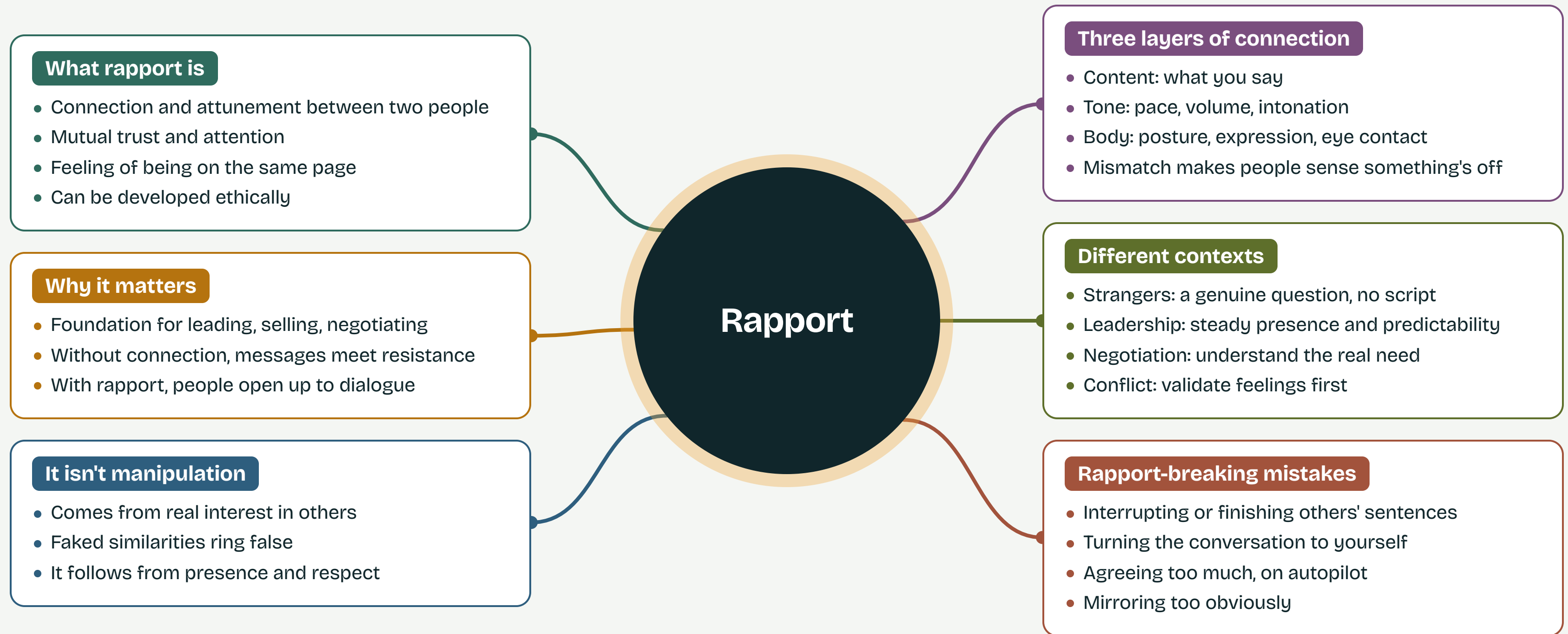


Rapport: how to build genuine connection with anyone



Action plan

1

Listen with full attention,
no phone or distractions

2

Mirror posture, pace,
and tone naturally

3

Match your speaking
pace to the other
person's

4

Use their name and
recall what they said

5

Acknowledge their point
before you disagree

Key takeaway

Rapport comes more from
listening well than speaking well:
presence, respect, and real
curiosity.